

10.2021 — 09.2022

MDC 10.

Mentoring Program

Please submit your application via
<https://www.mdc-berlin.de/mdc-mentoring-program>
Deadline for application: **23rd August, 2021**

What is Mentoring?

Mentoring is a powerful personal development tool to promote young talent in industry, science and economics.

Mentoring is a process in which an experienced senior leader in research, industry or university (the mentor) accompanies and provides advice and support to a (usually) more junior individual (the mentee) for a limited period during his/her career. This cooperative, equal relationship between mentee and mentor ("one-to-one mentoring") is non-hierarchical and key to the mentoring process. Mentor and mentee agree on regular meetings, and remain in regular contact either by email or telephone.

Mentoring helps qualified, dedicated mentees to identify and develop personal skills that will help them to advance in their careers.

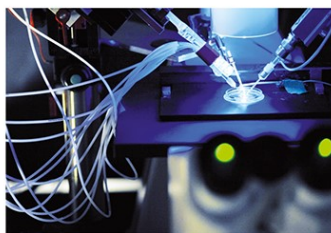
Mentoring facilitates the making of new contacts and the formation of a career network.



The target group consists of female and male postdoctoral scientists.



The program is organized by the Postdoc Office in collaboration with the Women's Staff Representative and the MDC's office of Human Resources Development. In addition to one-to-one mentoring our program will offer regular group meetings to reflect and accompany the mentoring process as well as workshops on specific topics and career counseling. The MDC Mentoring Program is our contribution to support equal opportunities in science.



Workshops to support **leadership skills, communication and career development** are central components of the program.

Participation

The program is designed both for English and German speaking postdocs. Those accepted to the program are expected to arrange regular meetings with mentors and attend workshops and group-meetings for the duration of the program.

Application

Please find guidelines for your written application in the MDC Intranet. The „Mentoring“ page can be found in the main navigation panel of the „POSTDOCS“ tab.

Please submit your application latest by **August 23rd, 2021**.

The MDC Mentoring Program helps you:

- To analyse your individual situation and career to date
- To recognize your potential
- To plan the development of your own career
- To optimize networking
- To develop strategies for achieving your professional goals



MDC MAX DELBRÜCK CENTER
FOR MOLECULAR MEDICINE
AT THE HELMHOLTZ BERLIN
RESEARCH FOR GRAND CHALLENGES

Photos: David Auserhofer
Design: Ariane Staubach

Dr. Jean-Yves Tano | Postdoc Office
House 84 room 1013 | Phone 0049(0)30.9406-3353
postdocoffice@mdc-berlin.de

Dr. Christiane Nolte | Women's Staff Representative
House 84 room 1404 | Phone 0049(0)30.9406-2274
cnolte@mdc-berlin.de

Gabriele Kollinger | Human Resources Development
House 84 room 1209 | Phone 0049(0)30.9406-3715
gabriele.kollinger@mdc-berlin.de